



Point Clare Children's Services

Term 4 2017

Schools Back For Term 4

Welcome to all our new and returning families! We hope you had fun, safe holidays and are ready to take on Term 4 2017!! Educators at Point Clare remain the same for Term 4, Denyelle Connolly is our Nominated Supervisor, Sharon Flanagan is our Certified Supervisor and Educational Leader and Lana Milenkova and Jenny Bell are our educators (NQF 7.1.3). In the lead up to our biggest holidays and busy time of year we have a few staff taking annual leave and recharging with some rest and relaxation. During this time there will be a few changes with casuals filling in at Point Clare. There will always be a Certified Supervisor on site for consultation about accounts, child development discussions and concerns. All our Educators meet the Children's Service qualification requirements set out in the regulations as well as first aid, asthma, anaphylaxis, and risk of harm training.

Kids Day Out

Mortgage Choice on the Central Coast together with Red Energy proudly presents 2017 Central Coast Kids Day Out on Sunday 5th November at Kariong Mountains High School from 10am to 3pm. Central Coast Kids Day Out is all about our Central Coast kids, their families, the services and ways to enrich our families lives on the Central Coast. Continually families are saying that this is the best family event on the Central Coast. This is CCKDO's 18th year! Through the provision of information, and enhancement of interagency links, CC Kids Day Out is an annual event, designed to strengthen and develop functional family units and promote the long-term wellbeing of children on the Central Coast.

Once again Coast Community Connections will have a stall at the event. We will have brochures and information on services we provide that are available all across the coast. We will also have experiences, games and craft for the children. Our Children's Services staff are running the stall all day so come along and say hello!

Tickets: Adults \$7, Kids \$3, Family \$20 and Kids under 12 months FREE.

You can buy your entry tickets online through the CCKDO website or at the gates on the day.

Accounts

Please ensure your accounts are two weeks in advance at all times. Also keep in mind that casual bookings must be paid on the day of attendance. If you have any money owing on your account you will be unable to book in any extra days until the amount owing has been paid.

A reminder that there is a \$10 term fee applied to accounts each term and we have a \$2 per child non-notification fee for attendances or absences that have not been communicated to staff prior to the session.

Service Closure over Christmas

Over the Christmas period many of our services will be closed briefly. Please see below for details:
Point Clare Before and After School Care last day 15th December 2017, reopening 30th January 2018
Gosford Vacation Care last day 23rd December 2017, reopening 8th January 2018
Woy Woy Vacation Care last day 23rd December 2017, reopening 8th January 2018.

NQF Changes

The Australian, state and territory Education Ministers agreed to changes to the National Quality Framework (NQF). Changes to the Law and Regulations were introduced on 1 October 2017 (except in Western Australia) to ensure quality education and care in Australia continues to improve under the NQF in the most efficient and effective way.

Nominated Supervisors across all three Children's Services sites have been conducting weekly meetings to determine what the changes are and how they affect the daily running of our Before, After and Vacation Care Services. In the coming months families will be made aware of any changes to policies and practices that need to be implemented and we look forward to having everybody involved in feedback and review of these changes.

Appessment

We're continuing to work with Appessment to document all the children's learning. If you haven't verified your account and can't find the email notification please let a staff member know and we can re-send the invitation code to your preferred email address. Once you have verified yourself, every time we publish a story that involves your child you will receive an email notification. You have the opportunity to view the story and photos and leave comments for the educators and other parents to see.

Also, if you haven't yet returned the permission note and elected a photo preference please do so as soon as possible so we can get this finalised, until we have permission all photos of your child will from behind or blurred out for privacy.

Rough and Tumble Play

Rough-and-tumble refers to the type of play in which children might climb over each other, wrestle, roll around and even pretend to fight. Physical, fun and high energy; play that's not aggressive. Most children love rough-and-tumble play and play fighting. Rough play lets children test and practise physical and social skills, take some safe risks, and learn about their bodies, including how strong they are.

Rough play is probably a basic human instinct that helps children develop many skills – but mostly children like this kind of play because it's fun! Rough play helps young children:

- understand the limits of their strength
- explore their changing positions in space
- find out what other children will and won't let them do
- work out social relationships as they play roles, take turns and sort out personal boundaries.

You might worry that your child is being aggressive, but you can usually tell rough-and-tumble play or play fighting from the real thing. In rough play, **children smile and laugh**. You might see excitement and pleasure on their faces. No-one gets bullied, hurt or forced to do anything. Once children are finished with rough-and-tumble play, they keep playing together. If you see **frowning, crying, fear or anger**, it isn't play. And children who are really fighting move away from each other once the fight is over. Rough play can sometimes lead to real fighting, so try to set some rules about what is and isn't OK during play. You can get even young children involved in working out what the rules should be.

Programs & Projects

This term the children will be exploring our world. We are seeking input from children and families in regards to their own specific cultures. We will be exploring the crafts, foods and traditions of our selected countries. We will begin our journey in Russia as Lana (Educator) and a number of children are Russian.

Sun Safety and Health

As we approach summer, this term we are focusing on getting all the children to learn about sun safety and take increasing responsibility for their physical wellbeing. We will be going through the proper way to apply sun screen with the children and taking about the dangers of sunburn to their health.

We also began in term 3 to talk about sugar in the food we eat. We are also aiming to continue our work on promoting healthy eating and make children more aware of the impact of their food choices (MTOP 3.2, NQF 2.1.1, 2.2.1).