

## Playgroup Term 1 Newsletter 2018

### Welcome

A warm 2018 welcome to our new and returning families in Playgroup.

Children like playgroup because they can:

- be part of new experiences
- develop and increase their social skills
- learn all about sharing, cooperation and simple routines
- interact with other adults and children in a safe environment
- enjoy learning more about the world around them.

Adults like playgroup because they can:

- meet other local families and develop new friendships
- relax and talk in a friendly environment
- share experiences and ideas
- play with children and nurture a spirit of cooperation

We provide a range of different activities to enjoy each week.

- Mat activities including construction, small world play and dress ups
- Gross motor activity areas for climbing, balancing, rocking, throwing, jumping etc.
- Book and Baby areas
- Home Corner to encourage dramatic play

Our Table area consists of 5 activity areas.

- Finger Gym Table to develop and practice fine motor skills,
- Transient Art Area to develop creativity and design skills.
- Playdough to strengthen small fingers, hands and wrists and build your child's imagination.
- Discovery Table to develop exploration and manipulative skills.
- Cognitive Area exploring concepts such as colour, shapes and numbers

Don't let bad days,  
insecurities, or  
tantrum-throwing  
babies  
make you believe,  
EVEN FOR A MINUTE  
that you are  
anything less than an  
EXTRAORDINARY MAMA!

-Paula Rolfo  
BeautyThroughImperfection.com

### Peninsula Occasional Care

Limited vacancies available for  
children

0-5 years

Operating Hours 8.30am-4.30pm

Permanent and Casual Positions

Cost \$8.00 per hour.

### Kindy Gym

Kindy gym runs on Friday Morning  
\$8 per child per week or \$70 per  
child per term.

## Benefits of Playdough Play

1. Fine Motor Skill Development: great for strengthening muscle tone in hands
2. Calming and therapeutic: simply sitting and squashing and rolling a piece of playdough in your hand is a very calming and soothing activity.
3. Creativity and imagination: the possibilities for playdough play are limitless, inspiring creativity and encouraging use of their imaginations.
4. Develops hand-eye co-ordination: by using a variety of materials and objects in playdough play can enhance hand-eye co-ordination.
5. Social skills: Playing with play dough in small groups and or with adults presents lots of possibilities for talk and discussion, playing collaboratively, problem solving and planning with others.
6. Promotes Play: allows children to be children, to slow down and play, using a range of their senses and skills.

### No Cook No Fail Playdough Recipe

2 C P Flour,  
4 tbs Cream of Tartar  
2 tbs cooking oil  
1 C salt  
2 C Boiling water

Food Colouring of choice

Make a well in dry ingredients & add the hot liquid & stir slowly until it forms together into thick dough. Stand for 10 minutes then knead into dough

Also can add, essential oils, flower petals, plastic toys, lavender, rice, popsticks, small stones etc



## Playgroup Guidelines

- Children are welcome to eat at any time but only at the seating areas, sitting down. This helps to confine food scraps and for safety, to decrease possibility of choking.
- Children must be supervised by their attending carer. This means being aware of where your child is at all times.
- Please take care of equipment when supervising your child. We have a variety of equipment suited to various ages.
- Please limit mobile phone use during playgroup, this is a time to be interacting with your child and other carers not checking your Facebook updates.
- Group time etiquette -At group times please join in with your child and have fun. If you wish to have an adult conversation please move away from the group.

## Swap Shuffle Share

Please bring in your unwanted children's clothing, toys, books and accessories on the last Friday of each month All families are invited to take the items without obligation.

## Suggestions

If you have any suggestions to enhance our playgroup program, please speak to Lynne, we would love parent input into our program.

We hope you and your child continue to enjoy you playgroup experience.

Lynne and Julie