



Kindygyim

Newsletter April 2017

Hello Families

As some are aware from last year Pam has chosen to leave our service and we wished her well and good luck at our 2016 Christmas party. As of last year I chose to help out with the program and continued on for the start of the year but now I am happy to step back and introduce Kath. Some of you have already met Kath and she has incorporated some of her great ideas into the program and I hope that you all will take the time to make her feel welcome. Kath brings some ideas and concepts she will be introducing to the program.

Denyelle

Welcome Kath

Hello! I'm Kath and I have a background as a gymnast and coach and am currently completing a Bachelor of Education (Primary). I have thoroughly enjoyed meeting all our wonderful families and am really looking forward to working with you in supporting your child's developmental growth. I am excited to bring a holistic approach to Kindy Gym and plan to focus on physical development alongside wellbeing as our little people engage in each activity. You may notice a few programming changes over the coming weeks as we implement some new learning strategies. These include

- A focus on carer and bub one-on-one activities during the first session
- Inclusion of mindfulness activities such as meditation and yoga for our older children.
- The addition of posters up around the room providing information about particular activities and outlining some excellent developmental games and activities that can be done at home.

Important

We would like to thank all our families for your attendance, support and participation during your Kindy Gym session. To allow our classes to run effectively, we rely on your involvement and interaction with your children, particularly in our first session as these children are still developing physical mobility and social skills.

Also a friendly reminder that all children are required to be paid for, regardless of participation in group activities.

Again thanks for supporting the program and we look forward to lots of Kindy Gym fun as we head into Term 2.

Denyelle, Kath & Lana